



## **KIDNEY FOUNDATION SYLHET**

**We are a non-profit hospital dedicated to delivering high-quality healthcare at an affordable cost, ensuring access for all in need**

**ESTD-2017**



### **KIDNEY FOUNDATION 200-BED HOSPITAL**

**Nazirer Gaon, Central Jail Road, Ward No: 38 ,  
(Under Sylhet City Corporation), Temukhi, Sylhet**

### **PRESENT HOSPITAL**

**Level-4, Syed Plaza, Multiplan Shahjalal City  
Block-D, Shahjalal Uposhahar, Sylhet  
Tel: 0821 719598, +88 01789-444958, Email: sylhetkf2018@gmail.com**

## BACKGROUND OF KIDNEY FOUNDATION SYLHET HOSPITAL

The inception of Kidney Foundation Sylhet was a visionary endeavor of Dr. Ziauddin Ahmed, a distinguished specialist in the field of nephrology. Driven by his expertise and a personal commitment to addressing the critical healthcare needs in the Sylhet region, this initiative was dedicated to his late father, Shaheed Professor Shamsuddin Ahmed, FRCS, a revered surgeon and educator at Sylhet Medical College, who sacrificed his life during the war of liberation in April 1971.

Drawing upon his experiences as a freedom fighter and his role as a Professor at Drexel University, Dr. Ziauddin Ahmed conducted numerous workshops and seminars across medical institutions in Bangladesh, including Dhaka Medical College and Bangabandhu Medical College Hospital. His vision to establish a Kidney Disease Hospital for the disadvantaged population of Sylhet was generously supported by his family, notably his mother, the esteemed educator Principal Hoshn Ara Ahmed of Sylhet Women's College, and his siblings, who committed resources from the family trust.



Site Selection by Dr. Fazle Hasan Abed with Zahin Ahmed



Syed Plaza Upasahar Existing Temp Hospital



10-Storey Hospital Under Construction Likely to be completed by December, 2024

Colonel Mohammed Abdus Salam BP (Retd), Secretary of Shaheed Professor Shamsuddin Ahmed Kalyan Trust, and Dr. Ziauddin Ahmed, joined forces to undertake this ambitious project. Their visit to Chairman of Kidney Foundation Dhaka, Professor Harun Ur Rashid, marked the beginning of a collaborative effort. Professor Harun Ur Rashid and his wife, Tiny F Rashid, pledged their support, and after several meetings, the process of establishing a trust for this noble cause commenced. Noteworthy individuals such as Zahin Ahmed, Dr. Najmus Saqib, Farida Nasreen, Engr Habib Hasan Bablu, and Engr Shahriar, among others, joined the team, fueled by the inspiring support of Sir Fazle Hasan Abed, Rasheda.K. Chowdhury, and Major General Azizur Rahman, Bir Uttam (Retd).

In September 2018, a temporary Kidney Disease Health Care Centre with dialysis, investigation, and outpatient services was established in a rented premises at Multiplan City, Uposahar Sylhet. This initiative was made possible by the funding from Shaheed Professor Shamsuddin Ahmed Kalyan Trust, managed by Col. Mohammed Abdus Salam BP (Retd). The Kidney Foundation Dhaka provided significant contributions and support, and Professor Harun Ur Rashid's occasional presence at the Sylhet Centre further amplified the initiative. Dr. Saqib, a renowned Nephrologist of Sylhet and Director of Shaheed Shamsuddin Hospital Sylhet, played a pivotal role in patient care and in establishing a high-quality dialysis center.

The journey then continued in the search for suitable land to build the hospital. Zubair Ahmed Chowdhury, a local business figure with a personal connection to the family, generously offered a prime location at Nazirer Gaon, Central Jail Road, Ward no:38 (under Sylhet City Corporation), Temukhi, Sylhet. Envisaged by Zahin Ahmed, Executive Director, FIVDB, Col. Mohammed Abdus Salam BP (Retd), Dr. Ziauddin Ahmed, Sir Fazle Hasan Abed, KCMG and Founder of BRAC, and other prominent figures, a formidable team was forged to push the project forward. The involvement of NRB members from the USA, UK, and other countries through BISWA Sylhet Sammelan added momentum to the initiative.

Particularly, during COVID-19 outbreaks Kidney Foundation Sylhet pivoted its works and resources to help address what would become the biggest public health crisis in over a century. KFS incorporates two government isolation complex namely; khadimnagar & South Surma Upazil Health complex with all emergency medical Kits, Drugs, Ventilators along with doctors, nurses, and support staffs.

Presently, the Kidney Foundation Sylhet is actively progressing toward the construction of a 200-bed, 10-storey hospital. The support and partnership with the Government, facilitated by Planning Minister of the People's Republic of Bangladesh, Planning Minister have significantly contributed to this ambitious endeavor, with a government approved 6-storey hospital with an 80% share in progress.

## **Kidney Foundation Sylhet Hospital, The Kidney Center and Dialysis unit at Uposhahar, Sylhet**

This is a cutting-edge healthcare facility located in Uposhahar, Sylhet. Our state-of-the-art dialysis center, housed in a renovated 12,000 square feet multi-storey building in Shahjalal Uposhahar, embodies a modern design aimed at providing top-tier care for individuals with kidney conditions. Our holistic approach includes outpatient care and a modern investigation laboratory, all designed to meet international standards while ensuring affordability for all, especially the underprivileged.

Since our inception on 15 September 2018, we have been committed to our mission of offering high-quality kidney care at a minimal cost. Our facility grants substantial subsidies and free dialysis sessions to those unable to bear the financial burden. The dialysis center boasts an exclusive, contemporary design, promoting a clean and well-lit open space managed by a team of highly trained professionals, rigorously supervised to ensure exceptional service.

Equipped with top-of-the-line dialysis machines, a state-of-the-art water treatment plant, and a team of dedicated nurses, we maintain a high standard of care under the continuous supervision of experienced physicians. Dr. Najmus Saqib MD, a renowned and esteemed kidney specialist, serves as the medical director, overseeing all aspects of the center.

Currently 26 dialysis machines are operating across three shifts, including Fridays. We extend our services to approximately 250 patients, with 40% benefiting from cost-free treatment. The cost-to-cost base rate per dialysis session stands at Tk. 1,800/-, ensuring accessibility for all patients seeking our specialized care.

## **The Outpatient Center**

The Outpatient Center is meticulously designed to implement a comprehensive range of strategies aimed at early diagnosis and effective management of chronic kidney diseases. Our services encompass the management of hypertension, urinary tract infections, kidney stones, prostate problems, blood and protein in the urine, electrolyte disorders, acid-base imbalances, fluid management, and anemia. A senior consultant specializing in these areas is available at the center every day.

Looking ahead, the center is set to expand its services to include the management of kidney transplantation, urological disorders, and vascular services, bolstered by collaboration with skilled NRB doctors, primarily from the USA.

## **Telemedicine**

Telemedicine facility will soon be integrated into our offerings, facilitating consultations with kidney specialists from Dhaka Kidney Foundation, as well as nephrology and urology specialists from the USA and UK. This will be particularly beneficial for diagnostically challenging cases, allowing patients to engage in discussions about their protocols.

## **Medical Laboratory**

Our state-of-the-art medical laboratory, committed to cost-effective services, will cater to a wide array of medical investigations. Quality is our utmost priority.

## **Patient First**

The core of our mission is putting the patient first, ensuring the provision of the highest standard of care with dignity and respect. We emphasize adherence to international medical ethics, patient satisfaction, and effective public relations. The clinic is dedicated to providing support, guidance, and education to both patients and their families to optimize clinical outcomes and maintain a good quality of life.

## **The Multispecialty Clinics**

The multispecialty clinics within our center will address various medical needs, including hypertension, diabetes, heart conditions, cholesterol management, and pulmonary illnesses. Additionally, we are committed to training physicians, nurses, and technicians not only within our center but also in other healthcare institutions. Regular medical seminars will be organized for local physicians and nurses to enhance knowledge and skills.

## The Kidney Disease Prevention Program

The Kidney Disease Prevention Program aims at raising awareness and ensure early detection for timely management, ultimately preventing kidney diseases. We plan to launch an outreach program by deploying healthcare workers to communities and gathering health information from other NGO's or Government clinics for appropriate guidance. Dr. Qazi Mushfique Ahmed leads this prevention care initiative, and local NGOs like FIVDB have pledged their support.

### Public Participation

We invite public participation to further our project's goals, whether through becoming a member of our Foundation, generous donations toward facility expenses, support for our outreach program, or sponsoring the treatment of patients through donations or zakat funds. Our focus is on improving healthcare in Sylhet by fostering collaboration and trust among clinics and hospitals, ultimately enhancing the standard of care and eliminating unhealthy competition through resource sharing.

### Sylhet Kidney Foundation Hospital and Research Center

The main hospital is a Public-Private Partnership (PPP) initiative, aimed at establishing a 200-bed hospital and research center. The project plan and profile have been approved by the government for development, and construction is currently in progress. Construction commenced at the end of 2022, and we anticipate its completion by the end of 2024. The hospital will be equipped with state-of-the-art facilities and is dedicated to providing top-tier kidney care services to all, including those with lower incomes. Furthermore, the center will establish an International Standard Training Center, facilitating ongoing education for doctors and nurses through collaboration with renowned specialists from the USA, UK, and around the world.

### Integrated Health Service and Medical Education in Sylhet

Efforts will be made to integrate the entire healthcare delivery system in Sylhet, ensuring the provision of the best healthcare across all specialties. This integration will involve comprehensive training for all stakeholders and technological support to elevate the standards of healthcare delivery in all institutions within Sylhet. This collaborative model involving local medical institutions and the community showcases the potential to positively impact healthcare outcomes, reduce the need for seeking healthcare abroad, enhance trust between patients and healthcare providers, ensure transparency, and promote ethical standards.

## International Conference on Kidney Diseases

The Sylhet Center has successfully hosted two International Conferences on kidney disease, with the last held on February 01 & 02, 2019, attracting about 100 doctors and consultants from Royal Hospital UK and other esteemed institutions. Another significant Scientific Conference and training session took place on November 18 and 19, 2019, featuring specialists from the USA and the UK, providing valuable training to doctors and nurses. Notable figures from the Kidney Foundation Dhaka, Prof. Harun Ur Rashid, Prof. Muhibur Rahman, and Prof. Azad Khan, also participated in the event. Continuing this tradition, a one-day international workshop is planned at Sylhet at the end of December 2023.

## Kidney Foundation Sylhet Hospital at Badaghat

### Project and Cost Details

The planned 10-storey hospital at Badaghat, a prominent location, has received approval for a six-storey structure from the 'Samaj Kalyan Ministry,' in collaboration with the 'Planning Minister'. The estimated cost for the six-storey hospital is 24.99 crore, with the foundation contributing 20% and the government covering 80%. The project encompasses vital units such as emergency care, ICU, four operating theaters, a modern laboratory, a burnt unit, and a cancer screening center with a support facility. The extended 10-storey building with comprehensive amenities is a prospective endeavor, requiring a calculated budget, and its development will be facilitated through collaboration with dedicated trustees and generous donors.

- |    |   |  |
|----|---|--|
| a. | Building Construction 12000 sft Ground Floor + 10-storey with a basement total 144000 sft @ of 3500/- per sft = 504,000,000/- | = 50.4 Crore                           |
| b. | 60 bed dialysis Machine, Bed with water treatment plant @ 1400000 x 60  | = 8.4 Crore.                           |
| c. | One Modern Laboratory and necessary equipment preliminary   | = 10.0 Crore.                          |
| d. | Oxygen Plant + 4 x OT and 1 X ward with high flow oxygen  | = 5.0 Crore.                           |
| e. | Training and Research Centre with Administrative Block  | = 2.0 Crore.                           |
| f. | Essential Staff Quarter / Nurses Living Accomodation  | = 3.0 Crore                            |
|    | <b>Total</b>  | <b>= 78.8 Crore Initial Investment</b> |

## Expansion of the Project

In order to ensure essential services for the needy population of the Sylhet area, the hospital requires an internationally accredited laboratory to support subsidized investigations and provide free treatment and dialysis to kidney patients. The prevalence of kidney disease is widespread, leading to a crisis in the healthcare sector. Additionally, the recent pandemic has emphasized the need for an Isolated Care Centre equipped with a High Flow Oxygen supply. The establishment of a limited Burn Unit and an Oncology Screening facility with restricted treatment options is also essential. Leveraging our expertise and experience, we are capable of providing a range of facilities at our hospital. We invite potential partners for collaboration in expanding our existing project, including the development of separate laboratories and an isolation center. Notably, a Burn Unit is urgently required, considering the absence of such facilities in the greater Sylhet area. We are optimistic that with our dedicated and honest team, we can secure appropriate partnerships for further development. To date, we have invested 7.0 Crore in construction, funded by our generous donors.



Presently, the hospital operates three shifts every day, including Fridays, serving a total of 426 patients per week. Approximately 50% of these patients receive treatment at subsidized or free rates, with a significant proportion benefiting from reduced/free dialysis provided by the current center. The Kidney Foundation receives support from both non-resident Bangladeshis (NRB) and local residents, aiding in subsidizing or providing free dialysis for economically disadvantaged patients.

## Zakat Fund

During the holy month of Ramadan, the Kidney Foundation Sylhet extends its support by offering one month of free dialysis to all patients in need. Generously, non-resident Bangladeshis (NRBs) primarily sponsor the essential expenses for these patients, ensuring their critical medical care. The entire fund is dedicated to patient support, with a specific Zakat Fund allocated for this purpose, as detailed at the concluding part of this booklet.

## Sylhet Kidney Foundation Multispecialty Group Physicians from USA

The Following physicians from USA have conveyed their commitment to provide all necessary support for Telemedicine/ Consultation virtually and ensure yearly visits to see and update medical health service at Kidney Foundation Sylhet Hospital.

- 1 **Professor Mohammed Saduzzaman Chowdhury, MD**
- 2 **Ziauddin Ahmed, MD, FASN**  
Professor of Medicine and Nephrology  
Temple University Medical School, Philadelphia
- 3 **Dr. Fatema Ahmed, MD**  
Internal Medicine Specialist,  
Philadelphia City Health Center
- 4 **Dr. Maleka Ahmed, MD**  
Assistant Professor of Hematology Oncology  
Cancer Center, Duke University Medical Center, North Carolina
- 5 **Dr. Mutahar Ahmed, MD**  
Associate Professor of Urology, New Jersey
- 6 **Dr. Syed T Zaman,, MD**  
Critical Care and Pulmonary Specialist, New Hampshire
- 7 **Dr. Syed T Hossain, MD**  
Gastroenterologist, Long Island, NY
- 8 **Dr. Nahreen Ahmed, MD**  
Critical Care and Pulmonary  
Specialist and Global Health Leader,  
University of Pennsylvania, Philadelphia
- 9 **Dr. Nausheen Hakim, DO**  
Hematology and Oncology Specialist, Queens, NY
- 10 **Dr. Maliha Ahmed, DO**  
Infectious Disease Specialist, Philadelphia
- 11 **Dr. Shoib Chowdhury, MD**  
Nephrology, Cadillac, Michigan
- 12 **Dr. Shymol Palit, MD**  
Nephrologist, North Carolina
- 13 **Dr. Dewan Majid, PHD**  
Professor of Medical Research  
Tulane University, Neo Orleans, Louisiana
- 14 **Dr. Arindom Chowdhury, MD**  
Professor of Surgery, Salem Virginia
- 15 **Dr. Devasmita Dev Choudhury, MD**  
Professor of Nephrology, Salem Virginia

## Present Management Team

### Advisors

- (1) Mrs. Rasheda K. Chowdhury
- (2) Mr. Abdul Mueyed Chowdhury
- (3) Professor Mohammad Saduzzaman Chowdhury, USA
- (4) Professor Dr. Harun Ur Rashid
- (5) Engr. Salahuddin Ahmed, USA
- (6) Dr. Mustaqur Reza Chowdhury
- (7) Professor Quazi Quamruzzaman
- (8) Engr. Syed Zaki Hussain, USA
- (9) Engr Zafar Sadeque Chowdhury, UK
- (10) Mr. Ahmed Us Samad Chowdhury MBE, UK
- (11) Mr. Mahmud Hasan MBE, UK

### Executive Committee

- |  |                     |
|--|---------------------|
| (1) Dr. Ziauddin Ahmed                     | - President         |
| (2) Dr. Md. Abdul Majid                    | - Vice President    |
| (3) Colonel Mohammed Abdus Salam BP (Retd) | - General Secretary |
| (4) Mr. Zubair Ahmed Chowdhury             | - Treasurer         |
| (5) Dr. Najmus Saqib                       | - Member            |
| (6) Dr. Qazi Mushfique Ahmed               | - Member            |
| (7) Dr. Mostafa Shahjaman Chowdhury Bahar  | - Member            |
| (8) Mrs. Farida Nasreen                    | - Member            |
| (9) Md. Maaz Reza Choudhury                | - Joint Secretary   |

### Affiliated Members of National Kidney Foundation

- (1) Professor Dr. Harun Ur Rashid
- (2) Mrs. Tiny F. Rashid

## Govt. Approved Consultant For KFS For Construction and Established Hospital

**After proper assessment and evaluation, the Ministry of Social Welfare has selected SAS Progressive Co. Ltd. as Consultant of Kidney Foundation Sylhet Hospital under the leadership of its Chairman, Col. Mohammed Abdus Salam BP (Retd).**

### b. The Team of Consultants:

- (1) Dr. Mushtaque Chowdhury  
Team Leader
- (2) Engineer Md Arif Hossain  
Deputy Team Leader & Structural Engineer
- (3) Engineer Ahsanul Mulk  
Principal Architect
- (4) Dr. Mohammad Hussain Choudhury, MBBS, MPH  
Public Health Expert
- (5) Engineer Zafar Sadeq Chowdhury  
International Consultant  
Monitoring and Evaluation Specialist
- (6) Engineer Samit Bin Salam, MEng (Hons) UK  
Coordinator
- (7) Engineer Md Helal Uddin Gisan  
Electrical Engineer

### c. Consultants from India:

- a. Architect Ratnadeep Roy , Kolkata- OT and Interior
- b. Anirban Das Gupta - for MPG Design

## Kidney Foundation Sylhet Opening Ceremony on 15 September-2018



The Kidney Foundation Sylhet initiated its operations with an opening ceremony on September 15, 2018. The decision to establish a Dialysis Center led to the renovation of the fourth floor (1200 sq. ft.) of Multiplan 'Syed Plaza', requiring an expenditure of approximately 1.5 Crore from the 'Shaheed Prof Shamsuddin Ahmed Trust' for floor preparation. Distinguished individuals including MP Abdul Momen, Professor Dr. Harun Ur Rashid and Rasheda K Chowdhury attended the opening ceremony.



Engineer Habib Ahsan Bablu, Col Mohammed Abdus Salam BP (Retd), Rasheda K Chowdhury, Professor Dr. Harun Ur Rashid addressed the audience during the event.

## 200-BED HOSPITAL SITE SELECTION & FOUNDATION STONE LAYING



In 2018, Mr. Jubair generously donated land for the Kidney Foundation Hospital. This act of kindness prompted visits from notable figures such as Sir Fazle Hasan Abed, Zehin Ahmed, and others to the site.



On January 17, 2020, a Foundation Laying Ceremony marked the commencement of the construction of the Kidney Foundation Hospital. Planning Minister Abdul Mannan MP graced the occasion as the Chief Guest, and trustees from both within the country and abroad attended this significant ceremony.

## JOINT VENTURE BETWEEN GOVT AND KIDNEY FOUNDATION UNDER CONSTRUCTION AT NAJIRERGAON



New Hospital on Aug 2023.



Dr. Ziauddin Ahmed Visiting Construction Site with Col Mohammed Abdus Salam BP (Retd)



Construction on Progress



Floor Layout being done by Col Mohammed Abdus Salam BP (Retd)

## KIDNEY FOUNDATION SYLHET 5TH YEAR CELEBRATION



On the occasion of 5<sup>th</sup> Anniversary Planning Minister M A Mannan MP Speaking about the Future of Project



Planning Minister Being Received by Doctors of Hospital in presence of Col M A Salam & Rasheda K Chowdhury



Planning Minister Visit Patients at our present complex



Grandson of Col M A Salam, BP Zayaan Samit talking to Planning Minister while he is Visiting our Upshahar Complex. Zayaan Samit is one of the youngest members of the team committed to remain involved

## (LIFE MEMBERSHIP APPLICATION/ENROLLMENT FORM)

This is a: New Membership Application  Renewal  Membership No : \_\_\_\_\_

Personal Details:		
Full Name:		
Mothers Name:	Fathers Name:	
Date of Birth		
Profession:		
Contact Address		
Plot No/House/Village:	Road/Street /PS:	
Town/City /Ward:	District:	
Country:	Post Code:	
Other Address: (optional)		
Other Contact: BD/Abroad		
Contact/Phone :	Home:	
Contact E-Mail :		


\* Please provide an email address as this is the cheapest way for KFS to communicate with members


Membership Details:	
Lifetime Member <input type="checkbox"/>	Donor Member <input type="checkbox"/>


Membership Terms & Conditions:
Being a Non Profit Organization, <b>Kidney Foundation, Sylhet</b> shall not provide any financial benefit.
Adhere to the principles of <b>Kidney Foundation, Sylhet</b> movement.
Always act in the best interest of <b>KFS</b> and refrain from bringing <b>KFS</b> in to any dispute.
Treat fellow members with respect and courtesy at all times.
Comply with and support the decisions made by the Trustee Board of <b>KFS</b>
Membership shall be effective upon approval from Executive Committee (EC) / Board meeting or AGM
<b>KFS</b> reserves the right to amend/review/void/cancel any membership with prior notice.


Note: Life Membership on invitation.  
Subscription: TK 1.0 Lac.  
Information can be sent in email: sassalam1952@gmail.com

## CONTACT US

 10-Storey Hospital (Under Construction)  
Nazirer Gaon, Central Jail Road, Ward no:38 (Under Sylhet City Corporation), Temukhi, Sylhet

 Existing Hospital  
Level-4, Syed Plaza, Multiplan Shahjalal City,  
Block-D, Shahjalal Uposahar, Sylhet

 +88 01716468819, +88 01715274329

 sylhetkf2018@gmail.com, sassalam1952@gmail.com

## Donating for Free Dialysis

### Money Sent From- Overseas/UK/USA

Account Details:

Bank : NRBC Bank Ltd  
Account Name : Najmus Saqib and Farida Nasreen  
Account Number : 013631100001746  
Branch : Uposahar Branch, Sylhet  
Routing Number : 260913737  
Swift Code : NRBBDDDH

(as we are not yet registered with NGO Bureau, this account is used for Donation/Subscription)

### Donation Within Bangladesh

Account Details:

Bank : Trust Bank Limited  
Account Name : Kidney Foundation Sylhet (Zakat Fund)  
Account Number : 7017-0311123939  
Branch : Dilkusha Corporate Branch  
Routing Number : 240271936  
Swift Code : TTBLBDDHXXX

Emergency Contact, Tel: 0821 719598 Cell: +88 01789444958